

## CRITERIA FOR A PERIMETER RIDE

In order for your bicycling tour/ride to qualify as a perimeter ride, the following criteria must be met:

1. Start and Finish at the same point.
2. You must record:
  - (a) Starting Time, including date & time of day, for example:  
5/29/03 at 9:00 am
  - (b) Finishing Time (in same format as starting time.)
3. Exact mileage must be recorded, for example:  
Perimeter of Tucson: 106 miles  
Perimeter of Japan: 6,238 miles (9,976 kilometers)  
Perimeter of Arizona: 1,861 miles  
Perimeter of Phoenix: 141 miles
4. Exact total time of trip must be recorded, for example:  
Perimeter of Arizona: 25 days, 1 hour, 15 minutes  
Perimeter of Phoenix: 10 hours, 51 minutes  
Perimeter of Tucson: 7 hours, 45 minutes, 21 seconds  
Note: It is not necessary to record seconds. However, it is highly recommended, especially for first-time perimeter rides.
5. If possible, notify Perimeter Bicycling before event is started.  
Note: This is not required, but we would prefer to know beforehand so that we can track your progress.
6. You must **bicycle** entire perimeter route...no rides!  
Note: If, for some reason, you cannot ride the entire route (due to breakdowns, friends picking you up in a car to spend an evening at their home, etc.,) you must return to the point where you last bicycled and continue from there.
7. Route can be the perimeter of any defined geographical boundary. For example, the perimeter of a town, country, state, city, lake, mountain range, county, continent, national park, etc.
8. Only perimeter rides (routes) of 50 miles or more will be approved and recorded.

9. After your trip (or before when possible,) you must send

Perimeter Bicycling:

- (a) Map with route (outlined with marker/ink.)
- (b) Completed Bicycling Record Form.
- (c) Dates & times you arrived in various cities along your route.

**Long Trip** (5 days or more): At the end of each day, record on the map:

- \* Date
- \* Time and day finished
- \* Finishing location
- \* Cumulative mileage

**Short Ride** (less than 5 days): For each day, select three different locations and record the following information on the map:

- \* Date
- \* Time and day arrived at each location
- \* Finishing location
- \* Cumulative mileage to each location

10. You must indicate how trip was completed:

- (a) Solo: By yourself with no support other than your bicycle and packs.
- (b) Support: Crew in motorized vehicle(s) provided assistance.
- (c) Accompanied: Other cyclists bicycled with you.

11. Other cyclists may accompany you for either the entire route or sections of it.

12. Verification of trip must be sent to Perimeter Bicycling in the form of the following:

- (a) Perimeter Bicycling Record Form
- (b) Map of route
- (c) Articles, if any, from magazines, newspapers, etc.
- (d) Names and addresses of any TV stations that covered your trip including where, when, name of station, etc.
- (e) Names of people met along the way (optional),  
for example:

Carry a notebook with you and have people you meet sign the following:

Date, time, name & address

**Note:** We suggest you stop in post offices to have a postal clerk stamp in the date, time and place of arrival in your notebook. It's a great souvenir of your trip!