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On the Cover
This year's Holualoa Companies El Tour de Phoenix presented by Pierson Construction Corporation. Photo by Ed Tunstall

Printed by
Western Web & Graphics, Inc.

Tail Winds is published six times a year by Perimeter Bicycling. Reproduction in whole or in part without written permission is prohibited. Editorial submissions should include a SASE, otherwise we cannot guarantee their return.

Circulation
30,000

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- 11** The Short Arm of the Law
In Arizona it's possible to run down a bicyclist with your car and face a maximum \$1,000 fine. Why is the life of a cyclist so cheap? Susan Dawson-Cook explains the loopholes that leave bicyclists out in the cold when it comes to consequences for drivers who hit them.
- 15** Bug or bugaboo?
"Don't drink the water" is accepted wisdom in the back country, but Erik Schlimmer has done a lot of research that leads him to question the need for filtering. In the second of a two-part series, he complements the research with testimony from outdoorspeople who drank the water and found it just fine.
- 16** Backcountry Luxury
They may not be luxurious, but the San Juan huts make a great place to put up your feet while mountain bike touring in the Colorado Rockies. Adventurer Matthew J. Nelson describes the journey.
- 20** Thinking Helps Make it So
Fitness coach Nordine Zouareg, whose clients include business executives and television personalities, teaches the power of positive thinking, but emphasizes that accountability and correct action have to accompany those positive thoughts. Article by Susan Dawson-Cook
- 21** A Deafening Silence
Tucson bicyclists made a quiet but powerful statement May 20, joining the world-wide Ride of Silence to honor bicyclists killed or injured in collisions with motor vehicles. By Kim Beck.
- 22** Swimming for Glory
Susan Dawson-Cook rubbed shoulders with the swimming elite at the U.S. Masters Swimming Short Course Yards Nationals in Clovis, and had one of the 97 top 10 finishes recorded by Arizonans.
- 24** Just in Time for Summer
From cycling sandals to SmartWool shorts, our Summer Gear Review offers 15 of the hottest products to help you have your coolest summer yet.
- 27** Elephant Head Challenge
The technically challenging course made for happy finishers in the May 2 mountain bike race near Green Valley, Ariz.



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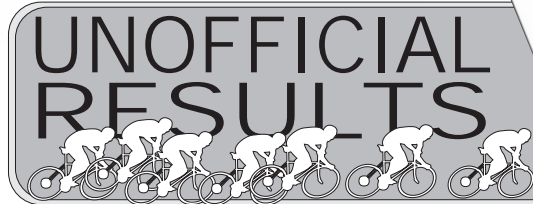


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